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Luxurious Residences Across The U.S. Offering Open-Air Workout Spaces

by [Haven Team](#)

According to an April 2021 article by U.S. News and World Report, exercising outdoors boosts Vitamin D production and improves mood. While many residential communities across the U.S. provide fitness facilities and exercise centers for their residents, some have taken things a step further by incorporating open-air workout spaces. Let's explore some luxurious residences across the U.S. where people have convenient outdoor exercise spaces right outside their doors.

Olara - West Palm Beach, FL

Olara, a stunning residential development on the shores of West Palm Beach, offers breathtaking views of the Atlantic Ocean and Intracoastal Waterway. It includes private boat slips for residents, floor-to-ceiling windows in every room, and a restaurant led by a celebrity chef. However, Olara's fitness facilities stand out as one of its most impressive features. Olara boasts a 13,000-square-foot world-class fitness center designed by The Wright Fit. This fitness center includes an expansive outdoor terrace that overlooks the water. The terrace has a lap and leisure pool as well as designated areas for open-air yoga, performance training, and Pilates.



Olara Fitness Center | Binyan Studios

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