

# COTTAGES & GARDENS

## 5 Dazzling New Developments Around the Country to Know About with Incredible Wellness Amenities

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Photograph: The Boundary

Each January, wellness is front-of-mind for many with fresh New Year's Resolutions or overall goals for healthier, less stressed and more balanced lifestyles. But, diving into unsustainable routines is not the way to accomplish this. Making your direct environment wellness-oriented is the real game-changer and many homebuyers have caught onto that. Developers have, too.

Whether it's a cold plunge you long for, sweating it out in the sauna, or group fitness classes, luxury residential developments all over the country are upping the ante when it comes to wellness amenities. From the mountains of Colorado to the sunny beauty of Biscayne Bay, these five properties are all putting wellbeing at the forefront for their lucky residents.

# Olara



Photograph: The Boundary

Perhaps exuding more of a serene, adults-only feel, Olara in West Palm Beach is in-progress and a stunning example of a wellness-first development. A juice station designed by Gabellini Sheppard sets the tower apart both with its design—a vibrant mix of greens against light wood planks—and its nutritional offerings. Other amenities on the property include a fire pit surrounded by lush flora, beautiful outdoor lounge areas, and views of the Atlantic Ocean, Intracoastal Waterway, and Palm Beach Island.

The 13,000-square-foot fitness center designed by The Wright Fit entices with a Japanese-style onsen, sauna and cold plunge, and a five-star recovery and regeneration room. Residents can also reap the benefits of an exclusive partnership with Sollis Health for medical concierge services across the country. Now, that's an unusual perk.

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